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# Young-At-Heart Afghans

Four afghans to warm the hearts (and toes) of those  
special folks you crochet for.

**NEW**



SARA JANE  
DESIGNS

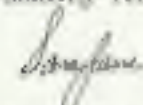
No. 105

Dear Crocheter,

The giving of handmade gifts has long been a tradition for those of us who love to craft. I created the designs in this leaflet so you can make and give gifts that reflect your "heartfelt" sentiments, whether you're crocheting for babies, teens, a special friend, or even for yourself.

They are my gift to you...

Sincerely Yours,



Sara Jane Designs

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## ABBREVIATIONS

beg.....	beginning
ch(s).....	chain(s)
dc(s).....	double crochet(s)
grip(s).....	grasp(s)
hdc.....	half double crochet
lp(s).....	loop(s)
pat.....	pattern
ps.....	post(s)
rep.....	repeat
rnd.....	round
sc(s).....	single crochet(s)
sk.....	skip
sl st.....	slip stitch
st(s).....	stitch(es)
tr(s).....	triple crochet(s)
*.....	repeat from * as indicated
**.....	repeat from ** as indicated
().....	repeat between () as indicated

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## AFGHAN WITH SCATTERED HEARTS

Shown on the cover

This afghan measures 46x54 inches

### MATERIALS

Red Heart 3-ply sport yarn (2.5-ounce skeins): 11 skeins of off-white; 1 skein of pale rose

Size F aluminum crochet hook

28 skeins of embroidery floss (8.7 yards per skein) in assorted colors of your choice. Note: In rows one skein of floss to work each heart.

Off-white sewing thread and needle  
Cardboard hobbles (optional)

Gauge: Each panel measures 9 inches wide; 15 rows x about 4 inches

### INSTRUCTIONS

This afghan is made up of five panels that are crocheted separately, then sewn together.

PANEL 1 (make 1): Beg at bottom edge with off-white yarn, ch 42.

Row 1: Dc in fourth ch from hook and in each ch across; ch 3, turn.

Row 2: Sk first dc, dc in next 6 dc, (ch 2, sk 2 dc, dc in next 4 dc) 4 times; ch 2, sk 2 dc, dc in next 6 dc and top of turning ch; ch 3, turn.

Row 3: Sk first dc, dc in next 3 dc, (ch 2, sk 2 dc, dc in next dc, ch 2, sc in ch 2 lp, ch 2, dc in next dc) 5 times; ch 2, sk 2 dc, dc in next 3 dc and top of turning ch; ch 3, turn.

Row 4: Sk first dc, dc in next 3 dc, (2 dc in ch-2 lp, dc in next dc, ch 2, dc in next dc) 5 times; 2 dc in next lp, dc in next 3 dc and top of turning ch; ch 3, turn.

Rows 5-8: Following chart, repeat alternately rep rows 5 and 6.

In next 6 rows, the heart is defined by crocheting with floss and yarn held together. Use all six strands of floss. Work across row up to heart point and work the first dc with the yarn; join the floss and work across the heart, carrying

both yarn and floss held together. Work the last stitch of the heart with only the yarn. For ease in working, wrap each skein of floss onto a cardboard hobbler before beginning each heart.

Row 9: With yarn, sk first dc, dc in next 3 dc, (ch 2, sk 2 dc, dc in next dc, ch 2, sc in ch-2 lp, ch 2, dc in next dc) 5 times; ch 2, sk 2 dc, dc in next dc; with floss and yarn held together, work



AFGHAN WITH SCATTERED HEARTS  
PANEL 1

### KEY

■ 4dc ■ 7dc  
M dc, ch 2, sc, ch 2, and dc





## PATCHWORK AFGHAN

Shown on page 3.

This afghan measures 53x69 inches.

### MATERIALS

**Lanarkshire Windrush acrylic worsted-weight yarn** (3.5-ounce skeins): 6 skeins of medium jade; 8 skeins each of mulberry and jade; 1 skein of pale winterberry.

**Notep:** One skein makes 5 solid color blocks and 4 striped blocks.

**Size H** aluminum crocheter hook

**Gauge:** Each block measures 7 1/2 inches square before crocheting them together.

### INSTRUCTIONS

**PLAIN BLOCK:** Beg along edge, ch 29.

**Row 1:** Dc in fourth ch from hook (ch 1, sk ch, dc in next ch) 12 times; dc in last ch; ch 3, turn.

**Row 2 (right side):** Sk first dc, dc in next dc; (sk dc, dc in next dc) 12 times; dc in top of turning ch; ch 3, turn.

**Row 3:** Sk first dc, dc in next dc; (sk dc, dc in next dc) 12 times; dc in top of turning ch; ch 3, turn.

**Rows 4-7:** Alternately, rep rows 2 and 3.

**Row 8:** Rep Row 2; fasten off; do not turn.

**Row 9:** Join yarn at beg of Row 8, ch 3; dc in each dc across row; ch 3, turn.

**Row 10:** Rep Row 3.

**Rows 11-14:** Alternately, rep rows 2 and 3; fasten off at end of Row 14.

**STRIPED BLOCKS:** Follow the instructions for the Plain Block and work 2 rows of each color to make 7 stripes. When beginning a row with a new color, do not ch 3 in turn at end of row; fasten off at end of row. Turn work, join new color in top of first dc, ch 3, and work row in pat.

For the afghan shown, make a total of 63 blocks. Make 8 jade blocks, 12 medium jade blocks, 12 mulberry blocks, and 31 striped blocks. Pale win-

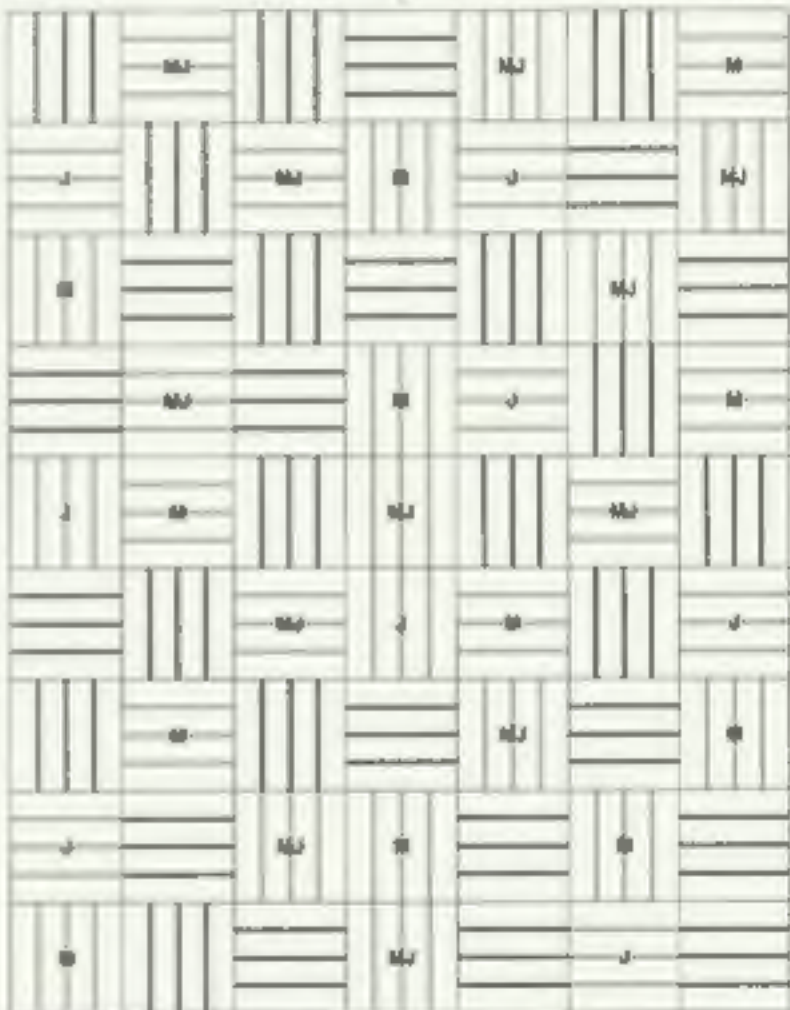
terberry is used only in the striped blocks. Make striped blocks from warm colors of your choice, making sure you use 2 skeins of medium jade to work the border and to crocheter the blocks together, and a sufficient quantity of mulberry to crocheter the last round around the border.

Weave in all ends before marshaling blocks.

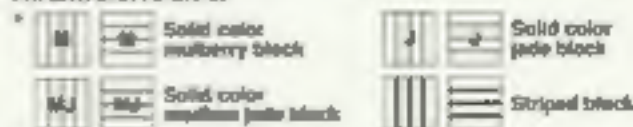
**ASSEMBLY:** Arrange blocks into 9 rows, each row with 7 blocks. Follow chart, below, to make your afghan look like the one shown.

Blocks are single crocheted together, with the wrong sides facing, using medium jade yarn. When crocheting them together, it is necessary to have 28 st along each side. Along the top and

*Continued on page 6*



PATCHWORK AFGHAN



\* Lines show direction of rows in block.





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LEISURE ARTS

bottom edges are 12 ch-1 lps and a space between each pair of lps at the beginning and end of the rows. Work 2 sc in each of the ch-1 lps and between the double crochets—25 sc.

Along the sides of the blocks, there are 14 rows—14 dc or turning chs. Work 2 sc in each of these lps—28 sc. Crochet the blocks together, matching the scs of each block. Then crochet the rows together.

**BORDER:** With right side facing up, join medium yarn in any st, ch 3, work dc evenly spaced around, working 3 dc in each corner join to top of beg ch-3. **Row 2:** Ch 3, dc in each dc around, working 2 dc in each of 3 dc in each corner join to top of beg ch-3. **Row 3:** Rep Row 2, except work 2 dc in each of 6 dc in each corner join and fasten off. **Row 4:** Join mulberry in any dc, ch 1, sc in each dc around; join to beg sc; fasten off. Block afghan.

## BLUE-AND-WHITE STRIPED BABY AFGHAN

Shown on page 3.

This afghan measures 36x45 inches.

### MATERIALS

Lion Brand Jiffy (3-ounce skeins 135 yards in each skein): 5 skeins of garnet blue; 4 skeins of white  
Size H aluminum crochet hook

**GAUGE:** 7 dc = 2½ inches; 8 rows = 4 inches.

### INSTRUCTIONS

With blue yarn, ch 113.

**Row 1:** Dc in fourth ch from hook and in next 2 ch; \* (ch 3, sk 2 ch, dc in next ch) 2 times; dc in next 6 ch; rep from \* 7 more times; ch 2, sk 2 ch, dc in next ch, ch 2, sk 2 ch, dc in last 4 ch, ch 3, turn.

**Row 2:** Sk first dc, dc in next 3 dc; \* ch 2, dc in next dc, ch 2, dc in next 7 dc; rep from \* 7 more times; ch 2, dc in

next dc, ch 2, dc in next 3 dc and top of turning ch; ch 3, turn.

**Row 3:** (right side): Sk first dc, dc in next 3 dc; \* ch 5, sc around post of next dc in Row 1, ch 5, dc in first dc of 7-dc grp—V-st made; dc in next 2 dc; 4 dc in next dc, drop hook from work and insert hook in first st of 4-dc grp and draw the dropped lp through, ch 1 tightly—pc made; dc in next 3 dc; rep from \* 7 more times; work V-st, dc in last 2 dc and top of turning ch; ch 3, turn.

**Row 4:** Sk first dc, dc in next 3 dc; \* ch 2, sc in unworked dc row below; ch 2, dc in first dc of 7-dc grp and in next 6 st; rep from \* 7 more times; ch 2, sc in unworked dc row below; ch 2, dc in last 3 dc and top of turning ch; ch 3, turn.

**Row 5:** Sk first dc, dc in next 3 dc; \* make V-st working in around post of dc 2 rows below; (dc in next dc, pc in next dc) 2 times; dc in next 2 dc; rep from \* 7 more times; work V-st, dc in last 2 dc and top of turning ch; ch 3, turn.

**Row 6:** Sk first dc, dc in next 3 dc; \* ch 2, sc in unworked sc row below; ch 2, dc in first dc of 7-dc grp and in next 6 st; rep from \* 7 more times; ch 2, sc in tr row below; ch 2, dc in last 3 dc and top of turning ch; ch 3, turn.

**Row 7:** Sk first dc, dc in next 3 dc; \* ch 5, sc around post of sc 2 rows below; ch 5, dc in first dc of 7-dc grp—V-st made; dc in next 2 dc; pc in next st; dc in next 3 dc; rep from \* 7 more times; work V-st, dc in last 2 dc and top of turning ch; ch 3, turn.

**Row 8:** Rep Row 6; fasten off. do not ch 3 to turn.

**Row 9:** With right side facing up, join white yarn in top of last dc; ch 3, dc first dc, dc in next 3 dc; \* work V-st, dc in next 6 dc; rep from \* 7 more times; work V-st; dc in last 2 dc and top of turning ch; ch 3, turn.

**Row 10:** Rep Row 6.

**Rows 11, 13, and 15:** Rep rows 3, 5, and 7. **Note:** When working V-sts in rows 3 and 5, you will be working the sc around post of two old dc.

**Rows 12, 14, and 16:** Rep Row 6; at end of Row 16, fasten off white. Join blue yarn and rep Row 9.

Rep rows 10–16 to work blue stripe. Continue to repeat rows 9–16, changing colors at the beginning of Row 9, until 4 white and 5 blue stripes are completed. On last blue stripe, work through Row 16; ch 1, turn. **Last row:** With blue, sc in first dc and next 3 dc; \* ch 2, dc around post of sc 2 rows below; ch 2, sc in next 7 dc; rep from \* 7 more times; ch 2, dc around post of sc, ch 2, sc in last 3 dc and top of turning ch; fasten off.

**BORDER:** **Row 1:** Join white yarn in any corner st, ch 3, work 2 dc in same st; dc evenly spaced around; work 3 dc in each corner join to top of beg ch-3. **Row 2:** Ch 3, dc in next dc and in each dc around, working 3 dc in each corner st; join to top of beg ch-3; fasten off. **Row 3:** Join blue in any dc, ch 1, sc in same st where joined; \* sk next dc, 3 dc in next dc, sk dc, sc in next dc; rep from \* around; join to beg sc; (sc); off. Weave in all ends and block.

## BABY CRIB HEART THROW

Shown on page 3.

This throw measures 41½x54 inches.

### MATERIALS

Red Heart Baby and Fingering Weight yarn (1.75-ounce skeins): 6 skeins of light pink; 5 skeins of white  
Size O steel crochet hook

**GAUGE:** Each block measures approximately 7½ inches square.

### INSTRUCTIONS

The throw is made up of 35 blocks that are crocheted together with single crochets. The afghan is edged with a 2-inch border after it is assembled.

**WHITE BLOCK** (make 17): Beg along edge, ch 42.



**Row 1:** Working in the top lp of each chain, dc in the fourth ch from hook and in each ch across—40 dc counting turning ch as dc; ch 3, turn.

**Row 2:** Sk first dc, dc in next 3 dc; \* ch 2, sk 2 dc, dc in next 4 dc; rep from \* across; work last dc of 4-dc grp in top of turning ch; ch 3, turn.

**Row 3:** Sk first dc, dc in next 3 dc, 2 dc in ch-2 lp, dc in next dc; (ch 2, sk 2 dc, dc in next dc; ch 2, sc in ch-2 lp, ch 2, dc in next dc) 4 times; ch 2, sk 2 dc, dc in next dc, 2 dc in ch-2 lp, dc in next 3 dc and in top of turning ch; ch 3, turn.

**Row 4:** Sk first dc, dc in next 3 dc, ch 2, sk 2 dc, dc in next dc; (2 dc in ch-2 lp, dc in next dc, ch 2, dc next 2 ch-2 lps, dc in next dc) 4 times; 2 dc in ch-2 lp, dc in next dc, ch 2, sk 2 dc, dc in next 3 dc and in top of turning ch; ch 3, turn.

**Rows 5-10:** Alternately rep rows 3 and 4.

**Row 19:** Sk first dc, dc in next 3 dc; \* 2 dc in ch-2 lp, dc in 4 dc; rep from \* across; work last dc of 4-dc group in top of turning ch; fasten off.

**HEART BLOCK (make 10):** Beg along bottom edge, ch 42.

**Rows 1-4:** Rep rows 1-4 of White Block.

**Rows 5 and 6:** Rep rows 3 and 4 of White Block.

**Row 7:** Sk first dc, dc in next 3 dc, 2 dc in ch-2 lp, dc in next dc, ch 2, sk 2 dc, dc in next dc; ch 2, sc in ch-2 lp, ch 2, dc in next dc, ch 2, sk 2 dc, dc in next dc, 2 dc in ch-2 lp, dc in 4 dc, 2 dc in ch-2 lp, dc in dc, ch 2, sk 2 dc, dc in next dc; ch 2, sc in ch-2 lp, ch 2, dc in next dc; ch 2, sk 2 dc, dc in next dc, 2 dc in ch-2 lp, dc in 3 dc and in top of turning ch; ch 3, turn.

**Rows 8-19:** Keeping in background pattern and working heart motif at same time, work from chart, top right. Ch 3 and turn at end of each row. Fasten all at end of Row 19.

#### EDGING AROUND HEART

**MOTIF:** **Row 1:** Referring to drawing, bottom right, join pink yarn below first dc of 4-dc group at right side of heart

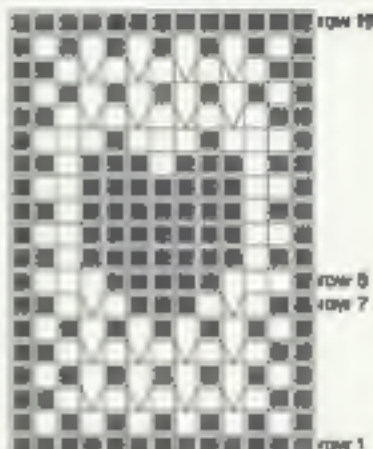
tip; working along edge of heart (ch 4, sc around in at end of heart on next row) 3 times; ch 4, sc around ch-2 lp at end of heart on next row; (ch 3, sc around ch-2 lp at end of heart on next row) 4 times; ch 4, sc at end of heart on next row; ch 4, sc at end of heart on same row; ch 4, sc at end of heart one row below; ch 3, sc in up between 2 dc at center of heart; ch 3, sc at end of heart on next row; ch 4, sc at end of heart on next row; ch 4, sc at end of heart on same row; ch 4, sc at end of heart on next row; ch 4, sc around ch-2 lp at end of heart on next row; (ch 3, sc around ch-2 lp at end of heart on next row) 3 times; (ch 4, sc around end of heart on next row) 4 times; ch 3, sc in up between 2 dc below tip of heart; ch 3, join to beg sc; fasten off—26 lps.

**Row 2:** Join white in any lp, in each lp around work sc, hdc, 3 dc, hdc, and sc; join to beg sc; fasten off.

**ASSEMBLY:** Assemble blocks into 7 rows with each row containing 5 blocks. Rows 1, 3, 5, and 7 contain three Heart Blocks with two White Blocks between. Rows 2, 4, and 6 contain three White blocks with two Heart Blocks between. To join blocks into rows, hold two blocks together with right sides facing and work 2 sc around each pair of matching turning chs (or double crochets).

To join rows together, hold two rows together with right sides facing. It is easier to pin the rows first, matching the block seams and placing pins at every fifth stitch. Then, working in matching stitches of both blocks at the same time, work single crochets in each stitch across.

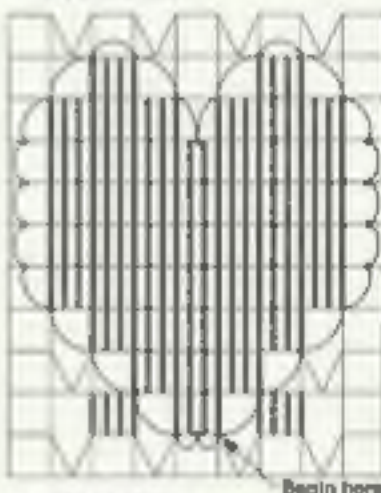
**BORDER EDGING:** **Row 1:** Join pink yarn in any corner, ch 1, sc in same st where joined; make 2 more sc in same place. Along top and bottom edges, work sc between the double crochet stitches. Along the sides, work 2 sc around each turning ch. Work 3 sc in each corner. Do not join the work at end of row. Continue to work pink sc



MARY GRAY HEART THROW

#### KEY

■ 4dc ■ 7dc  
 M dc, ch 2, sc, ch 2, and dc



DETAIL FOR LOOPS FOR HEART RUFFLE

around the throw until hender measures 1 inch wide; fasten off pink.

**Next end:** Join white in any sc, ch 5, dc in each sc around; work 3 dc in each corner; join with sl st to top of beg ch-3; fasten off.

**Next 2 ends:** Join pink and work 2 rounds of sc, working 2 sc in each of the 3 corner sts; join in beg sc.

**Row 5:** Sc in same st where joined; \* 2 dc in next st, sc in each of next 2 sts; rep from \* around; join to beg sc; fasten off. Weave in all yarn ends; block.